

Dowdales Mini Tennis Autumn 2010

TENNIS courses in September at DASH @ Dowdales on Sunday morning

RED : Ages 5-7 9-10am
ORANGE : Ages 8-9 10-11am
GREEN : Ages 9-11 11-12pm

The coaching programme will be delivered by an LTA qualified tennis coach Caroline Clutterbuck, and will consist of a 1 hour session per week for 8 weeks including coaching, ball skills, co-ordination and footwork, training drills, match practice and competition. Only 8 places for each session can be offered for safety and quality purposes and will strictly be on a 'first come, first served' basis. Please apply as soon as possible to avoid disappointment.

DATES: TBC

LOCATION: D.A.S.H @ Dowdales

COST: TBC cheques made payable to 'Caroline Clutterbuck'

All equipment is provided and the courses will be held in the Sports Hall or outdoor on the tennis courts depending on the weather.

Caroline Clutterbuck

LTA Qualified Tennis Coach

t:01229 586233, m:07866 737392

email: caroline@southlakestennis.co.uk

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I am interested in my son / daughter attending the sunday morning tennis sessions.

NAME _____ AGE _____ YEAR _____

TELEPHONE NO _____

EMERGENCY CONTACT & NO. (if different) _____

Do you have any medical conditions?, If yes please state _____

I realise whilst the coach in charge will take every precaution, they cannot be held responsible for any loss, theft or injury that occurs during the session.

SIGNATURE PARENT/GUARDIAN _____

Please return form and any money to Caroline Clutterbuck, 69 Birchwood Drive, Ulverston, Cumbria, LA12 9PL.