



October 09

Sportzine

Events

Little Kickers Cumbria - FREE football classes for children 2-7yrs contact Scott Cormack 01539 898195 for more information

Tennis Leaders Course - Bitts Park Airdome (Half term) for pupils 13-17 to work with children 4-10 years old. Friday 30th October for more call Paul Frampton 01228 817581 / 07788585499

Sport News

England Football Call Up For Cumbrian Schoolgirl - Sam McGarry is on her way into the England soccer set-up [>>more](#)

Hi everyone

Last chance to nominate your sporting hero. Deadline is 12 o'clock tonight so don't wait to nominate. You can do this online at

www.cumbriasport.com/sportsawards.

If you have news to share and want it to go in our Sportzine please forward it to me

emma.martin@cumbriacc.gov.uk

Emma



DEADLINE FOR NOMINATIONS - Friday 23rd October 09 Midnight

[>>Nominate Now](#)

2012 Sports Champion Named

Sir Steve Redgrave, one of the greatest ever Olympians, has been appointed as the Government's 2012 Sports

Champion. Sir Steve will champion the shared commitment to ensure London 2012 leaves a lasting sporting legacy of a world-leading sport system [>>more](#)

RFL 'Touchline Managers' Qualify

Held in conjunction with Whitehaven RLFC and the RFL two courses were held at the club in early October, Head Coach Ged Stokes with players Ade Adebisi, Andy Gorski along with



representatives from Egremont Rangers, Frizington ARLFC, West Cumbria u18s all qualified as "Touchline Managers". The course embraces the RFL's Respect programme. The following evening 'Time to Listen' course dealt with Safeguarding & Protecting children within Rugby League [>>more](#)

RBC Power of Sport Award

Jobs

Netball Development Officer - Cumbria [>>more](#)

Copeland Community Netball Coach - Copeland [>>more](#)

NGB Development Officer - Greater Manchester Sport Partnership [>>more](#)

Physical Activity Manager - Greater Manchester Sports Partnership [>>more](#)

COURSES

09 NOV: **Funding for your club** - Millom RUFC (Copeland) 6-9pm [>>BOOK NOW](#)

17 NOV: **An introduction to**



Beth Tweddle produced an extraordinary performance in the floor event to be crowned **world champion** in front of her home crowd at London's O2 Arena
[>>video](#)



Brilliant **Button** clinches the title - F1 World Champion
[>>video](#)



BBC Sports Personality of the Year 1984 went to Torvils & Dean



Sports Personality race gathers pace - Within one incredible sporting weekend the race to crowned 2009 SPOTY

JENSON BUTTON (Motorsport) - will surely be the front



programme. The following

evening 'Time to Listen' course dealt with Safeguarding & Protecting children within Rugby League [>>more](#)

BBC Power of Sport Award

Nominations are now open for the BBC Power of Sport Award, supported by Sport England - an opportunity to celebrate grassroots sporting projects that have really changed people's lives. The prestigious award is being contested in all 12 BBC regions for the first time.

[>>FIND OUT MORE AND ENTER THE AWARD](#)

Investing in sustainable sports facilities

Innovative projects that will transform the places where people take part in sport have secured investment through **Sport England's new Sustainable Facilities Fund**. Sport England launched the programme to encourage multi-sport developments that are viable in the long term, delivered through partnerships between public, private and commercial organisations. **The next round of the sustainable Facilities Fund opens 26th October 2009 and closes on 21st December** [>>more](#)

Rugby Sevens admitted to the Olympic Programme for 2016

The IOC executive board has voted to admit rugby sevens to the Olympic programme for 2016. Rugby union is played in more than 100 countries, from Andorra to Zambia. Many of the smaller nations already use sevens as a stepping stone to the full 15-a-side version of the game. As the Sevens World Series so often shows, the standard of play throughout the world is steadily increasing. An Olympic sevens tournament will only inspire smaller nations to improve further and encourage more people to get involved at the grass roots of the game, whether as players, coaches, officials or supporters [>>more](#)

FUNDamentals of movement -

Workington Leisure Centre (Copeland) 10am-7pm
[>>BOOK NOW](#)

25 NOV: **CP Sport Boccia Young Officials Course** - Penrith Leisure Centre (Eden) 10am-2.30pm [>>BOOK NOW](#)

LATEST ON 2012

09 Oct: London 2012 Organising Committee board member **Sir Craig Reddie CBE** was today appointed to the International Olympic Committee (IOC) Executive Board.

LOCOG have unveiled the **2012 Logos** (pictograms) Boris Johnson thinks they're gebius - what do you think?
[>>view](#)

The Olympic Stadium could be used to stage folldlit Twenty20 cricket once the 2012 Games have finished
[>>more](#)

[>> follow London2012team on Twitter](#)

runner after lifting this years F1 title

BETH TWEDDLE

(Gymnastics) - Becoming World Champion on home soil

CARL FROCH

(Boxing) - Success in the Super Six series makes Froch an International Superstar

JESSICA ENNIS

(Heptathlon) - Won Britains first ever heptathlon gold at the World Championships

ANDREW STRAUSS

(Cricket) - England's "Ashes winning captain" named Man of the series

STUART BROAD

(Cricket) - Broad thrust himself into cricketing stardom with one glorious Ashes performance

ANDREW FLINTOFF

(Cricket) - Flintoff could become the first SPOTY since Damon Hill's 1994 & 1996 triumphs after he finished his test career in fairytale fashion

ANDY MURRAY

(Tennis) - An incredible year for Murray reaching world number two in the men's rankings - SPOTY will be watching



£14 million revamp plan for Carlisle's Sands Centre

There are plans for a 25m swimming pool to replace the main pool at The Pools in James

Street, while a new sports hall will free up the existing hall as a venue for shows and conferences. The gym will be enlarged and a "school of sport" provided for the University of Cumbria. The first phase - the sports hall and new entrance - should be ready early in 2011. The whole scheme is due for completion by autumn 2012

[>>more](#)

Cumbrian golf teen out to beat the Irish

Teenage Cumbrian golf star Seb Crookall-Nixon will be aiming to help England Under-16s to victory over Ireland this weekend. The 16-year-old, from Workington, will be hoping for a repeat of last year's success over the Irish when both sides do battle, starting 10th October at Hunley Hall in Yorkshire [>>more](#)

Apply for a laptop and a year's free broadband

BT Community Connections
www.btcommunityconnections.com



BT Community Connections is an award scheme which enables community and charitable organisations to get online and make use of information and communication technology (ICT). Groups can apply for a laptop and a year's free broadband connection. There are more than 1,000 award packages available to give to groups who can demonstrate how an award will benefit their work and the local community [>>more](#)

Dowdales School gain RFL 13 Aside Match Official award

Pictured are pupils from Dowdales School, Dalton in Furness after successfully gaining a RFL 13 Aside Match Official award, the course held in partnership with the RFL culminated in 9 students gaining



the qualification. "The newly qualified officials will have an opportunity to officiate over the coming weeks and put the skills and knowledge which they have acquired into practice" said Peter Wharton the RFL's Match Official Development Officer for the region.

his end of season ATP World Tour Finals performance at Londons O2

TOM DALEY

(Diving) - Daleys performance at Beijing made him famous across the world however after his stunning final dive won gold in the 10m platform at his first World Championships he has now moved onto another level

MARK CAVENDISH

(Cycling) - His British record of 10 Tour stage wins sets him apart as king of British road sprinting, despite missing out on the Tour's green jersey his performance has set him apart

PHILIP IDOWU

(Athletics) - Idowu struck gold on the world stage in Berlin leaping to a personal best 17.73m in the men's triple jump at the World Championships

AMIR KHAN

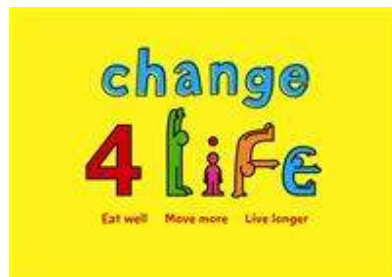
(Boxing) - Olympic silver medalist to World Champion in the space of five years and still only 22

[>>view](#) videos of

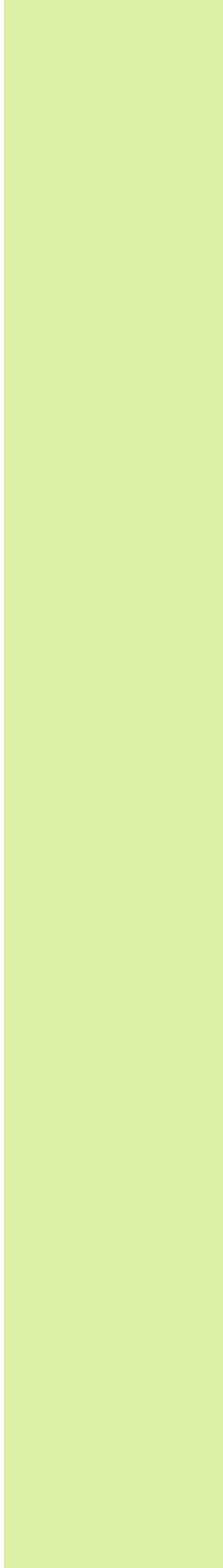
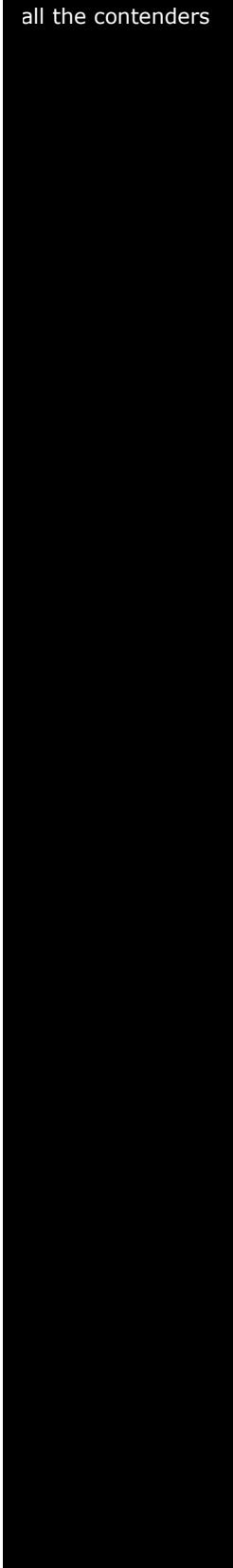
culminated in 9 students gaining the qualification. "The newly qualified officials will have an opportunity to officiate over the coming weeks and put the skills and knowledge which they have acquired into practice" said Peter Wharton the RFL`s Match Official Development Officer for the region.

Register as a local supporter - Change 4 Life

Change4Life nationwide movement now has 22,605 local supporters. Being part of this campaign has given supporters the opportunity to promote the Change4Life message through your own activities and doing what you do already: talking to people as a trusted source of helpful information. To help you make the most of your efforts, you'll receive free materials, advice on how to talk about Change4Life, tips and ideas for fun activities, access to logos and images, plus regular updates so you can see what we've all been up to [>>more](#)



all the contenders





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Creating an ActiveCumbria.com

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