

SCHOOL UNIFORM AND STANDARDS OF APPEARANCE

HIGH STANDARDS OF APPEARANCE – BOTH IN THE CLASSROOM AND ON THE PLAYING FIELD

The distinctive school uniform is a very important part of life and work at Dowdales and is worn on all school occasions unless otherwise stipulated.

COMPULSORY SCHOOL UNIFORM

School coat	Dowdales jacket with Dowdales logo.
School tie	
School shirt	White, long-sleeved with Dowdales name and logo.
School shirt	White, short-sleeved with Dowdales name and logo - Summer term only.
School sweatshirt	Navy with Dowdales name.
Girls compulsory navy school skirt	With school badge. Must be worn no more than 3” above knee.
Girls compulsory navy school trousers	With logo.
Boys compulsory black school trousers	With logo.
Socks	Of sensible colour and design.
Sensible shoes	Which are plain black and do not cause a risk to Health and Safety. NO TRAINERS. NO PUMPS.

SUMMER WEAR

Summer uniform may be worn AFTER Easter during the summer term, if wished.

A plain white, short-sleeved shirt with Dowdales name and logo may be worn as an alternative to the long-sleeved shirt.

PERSONAL APPEARANCE

Hair	Girls - should be traditional, conventional, neat and tidy and not follow extremes of fashion in terms of colour, cut and length. High standards of appearance must be maintained. Boys – should be traditional and conventional in cut, colour and length (above shoulder length) and ensure high standards of appearance are maintained.
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Shirt and Tie

Top buttons must always be fastened with ties correctly worn.

Jewellery

Only one small, plain stud per ear in gold or silver and a watch are allowed.
For safety reasons rings, necklaces and body piercing of any description are **NOT** allowed.

**Pupils are NOT allowed to wear make-up in school.
Pupils must be clean shaven.**

DOWDALES P.E. KIT

PE UNIFORM FOR BOYS AND GIRLS

Red polo shirt with black Dowdales crest	Compulsory.
Black shorts with crest	Compulsory.
Reversible rugby shirt (boys only)	Compulsory with boys in Years 7 – 11.
Black PE sweatshirt (girls only)	Compulsory for girls in Years 7 – 11.
P.E. socks	Black with red top.
Footwear	Football boots – must not be “blades” due to Cumbria LA regulations. A pair of non-marking trainers for indoor and outdoor use.
Gumshields	Optional
Shinpads	Compulsory.
Black PE skirt with crest	Optional.
Black fleece with crest	Optional for boys and girls in all Years.
Black tracksuit bottoms with crest	Optional for boys and girls in all Years.

PERFORMING ARTS WEAR

Sky blue t-shirt with the Performing Arts logo	Compulsory for all pupils.
Black PE shorts with red crest	Compulsory for all pupils.
Black tracksuit bottoms	Optional

Uniform items can be bought from Identity in Barrow. The school does not hold supplies of uniform. There is also a small uniform outlet in Dalton which holds limited stock.