



Dalton Active Sports Hall @ Dowdales School.

Summer 2010 Newsletter



D.A.S.H. is now open to the public.

We have facilities for indoor/outdoor football, badminton, tennis, netball, volleyball and lots lots more.

If you wish to book either ring or email.

Phone 01229 897911 ext 208 (daytime)

01229 469824 (evening/weekend)

Email dbrown@dowdales.cumbria.sch.uk

Booking forms are available on the school website - www.dowdalesschool.co.uk

Classes

Friday

5.00 – 6.00pm - Tennis Club for Juniors
(£1 per session - must be a member of
D.A.S.H. Tennis Club)

Saturday

9 – 9.45am - Mini Kickz Age 3-5
10 – 10.45am - Mini Kickz Age 6-7

Sunday

9 – 10.00am - Mini Tennis Coaching
Age 5 – 7
10 – 11.00am - Mini Tennis Coaching
Age 8 – 9
11—12noon - Mini Tennis Coaching
Age 9 - 11
12noon-1pm - Mini Tennis Coaching
Age 8– 9 (if in demand)

Drop - in Sessions

Badminton 2 - 4pm

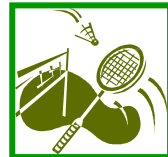
**Saturday 17th April, 1st, 15th & 29th
May 2010**

Cost £1 per person



Tennis Courts

£4 per court per hour



Badminton Courts

Singles £5 per hour

Children's Parties



Multi Skills or Football
1 1/2hrs (45mins sports hall &
45mins private dining area)

Cost—£50/£40
(With/without a coach)

Easter Fun Sport Camp

Monday 29th—Wednesday 31st March,
School Yrs 3—8 (Age 7—13yrs)
10.00am—3.00pm Daily
Cost—£25

Mini Kickz

Fun football training sessions using a variety of
football themed physical activities to develop agility,
balance and co-ordination.
Age 3-5yrs 09.00—09.45am
Age 6-7yrs 10.00—10.45am
12 week course starting on 17th April 2010
Cost—£24.00

Tennis Club

The DASH tennis club is due to start after the Easter
holidays and will be held on a Friday evening
between 5 and 9pm

Contact Mrs Winter on Tel 469823 or email
fwinter@dowdales.cumbria.sch.uk for further
information.